Runtoboi, P.Y., et al. (2022). *Nurse and Health: Jurnal Keperawatan.* 11 (1): 151-161 http://ejournal-kertacendekia.id/index.php/nhjk/index

Review Article: Systematic Review, Meta-Analysis, Integrative Review, Scoping Review

## ANALYSIS OF THE ROLE OF MIDWIVES ON THE SELECTION OF IMPLANTED CONTRACEPTIVE USE BY ACCEPTORS: A LITERATURE REVIEW

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#### Abstract

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#### Article Info:

Received: October 7, 2021 Revised: June 24, 2022 Accepted: June 26, 2022

#### DOI:

https://doi.org/10.36720/nhjk.v11i1.324

**Background:** Indonesian family profiles reported the percentage of active acceptors in couples of childbearing ages in 2017 was 63.22%, and the number who never used contraceptives was 18.63%. The highest contraceptive use in Bengkulu province was 71.98%, and the lowest in Papua was 25.73%. The population of Papua Province in 2020 amounted to 4.3 million people or an increase of 1.47 million.

**Objectives:** This study aims to find the role of midwives against the selection of the use of implanted contraceptives by acceptors.

**Design:** This research design is a systematic review to find and review articles from databases and theories that are descriptive.

**Data Sources:** Search articles using databased ScienceDirect and Google Scholar including the keyword "contraceptive implants" with a period of 2018 to 2021; 15 articles are available based on inclusion criteria article discussing implant contraceptives, Year of publication 2018-2021, International and National Publications, the National Journal has ISSN, articles using Indonesian and English

**Review Methods**: Systematic review methods based on established criteria, then collected and made journal summaries include the name of the researcher, the year of publication of the journal, the title of the study, the method, and a summary of the results or findings. by identifying, evaluating and synthesizing the summary of research journals entered into the table according to the format. **Results:** From the journal filtering, 15 articles were eligible based on the inclusion criteria, it was found that: The role of health workers/midwives is the most important factor in the use of implants contraception by acceptors so that it is hoped that education regarding the benefits of implants can be increased. **Conclusion:** Interpersonal communication or counseling needs to be

improved. Counseling is communication between clients and health workers to facilitate and advocate on any issues related to comprehensive reproductive health. It is expected that with counseling provided by birth control, acceptors can make their own decisions in accordance with the desired method.

Keywords: Role of Midwife, Implant Contraceptive, Acceptor.

| © 2022 The Authors. Nurse and Health: Jurnal Keperawatan Published by Institute for Research and Community Service-  | E-ISSN    |
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| Health Polytechnic of Kerta Cendekia, Sidoarjo   | 2623-2448 |
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#### **INTRODUCTION**

Indonesia is included as a developing country with a large population and a high rate

of population growth. Indonesia is in the fourth position in the world with the most populous population after China, India, and the United States, which reached 265 million people. The total birth rate or Total Fertility Rate (TFR) in Indonesia is around 2.4% per year. It is estimated that the population of Indonesia in 2050 will reach 319.2 million people (POPULATION REFERENCE BUREAU, 2019).

One of the reasons the government organizes the Family Planning program is the high rate of population growth. The National Family Planning Program meets the public demand for birth control and reproductive health services, decreases maternal and infant mortality, and counter reproductive health to form a small quality family. Then the Family Planning program also aims to reduce the Total Fertility Rate (TFR) figures listed in the National medium-term development plan.

Indonesian family profiles reported the percentage of active acceptors in couples of childbearing age in 2017 was 63.22%, and the number who never used contraceptives was 18.63%. The highest contraceptive use in Bengkulu province was 71.98%, and the lowest in Papua was 25.73%. Five provinces still have less than 50% family planning coverage, namely Papua, West Papua, East Nusa Tenggara, Maluku, and Riau Islands. Based on the highest long-term methods found in Bali (39.14%), D.I Yogyakarta (36.03%), and East Nusa Tenggara (30.49) (Kemenkes RI, 2018; Purba & Ibrahim, 2020).

The reported population of Papua Province in 2020 amounted to 4.3 million people or an increase of 1.47 million people compared to the population in 2010 (2.8 million people). The population growth rate reaches 4.13% per year. Population growth in Papua of 4 percent is ranked first in all of Indonesia based on the results of the 2020 Population Census.

Efforts to control the population growth rate through a decrease in total birth rates are strongly influenced by community participation in family planning programs. Family planning programs help the country maintain macrostability of population growth and help families improve their well-being micro-. Families with more controlled children can achieve the highest education, obtain more optimal health services, and have greater economic opportunities in the future. It is reported that the use of contraception in Papua Province is still dominated by hormonal contraceptives and is short-term.

A long-term contraceptive method is the most effective method of contraception, one of which is an implant with excess can be used by all women in reproductive age, very effective (0.8% of pregnancies per 100 women in the first year) immediately after installation, reversible, long-term (can be up to 3 years unnecessary change), and improve sexual intercourse because there is no need to be afraid to get pregnant. There are no hormonal side effects with implants and do not affect the production and quality of breast milk. In addition, implants can be installed immediately after the abortus when there is no infection to help prevent ectopic pregnancy (Aisien & Enosolease, 2010; Balogun et al., 2014; Gustikawati et al., 2014; Hohmann, 2009; Yusnidar et al., 2019).

But in reality, the use of implants is still low. One of the causes is due to lack of public knowledge so that they have difficulty in determining the contraceptive method used. This is limited to the methods available and due to ignorance about the requirements and safety of such contraceptive methods. Various factors to consider include health status, side effects, failure consequences, or unwanted pregnancies.

With the low use of birth control implants in other types of birth control, researchers are interested in researching the role of health workers in selecting implant birth control by acceptors.

## METHODS

## Design

The design of this research is Literature Review or literature review. The literature review is research that examines or critically reviews knowledge, ideas, or findings contained in the body of *academic-oriented literature* and formulates its theoretical and methodological contributions to a particular topic. The design used is a narrative review with the stages of choosing a topic to be reviewed, tracking and selecting suitable/relevant articles, analyzing and synthesizing literature and organizing review writing.

## Search Methods

Searches for scientific articles using databases such as Pubmed and Google Scholar, including the keyword *"contraceptive implants"* in the 2018-2021 publication year and evaluated based on:

- 1. Inclusion Criteria
  - a. Article discussing implant contraceptives;
  - b. Year of publication 2018-2021;
  - c. International and National Publications;
  - d. The National Journal has ISSN;
  - e. Articles using Indonesian and English; and
  - f. Original articles, full text, and open access.
- 2. Exclusion Criteria
  - a. Articles other than Indonesian and English;
  - b. Does not have an ISSN for national journals; and
  - c. Literature review dan RCT.

#### Search Outcome

A search for data using The ScienceDirect database entering the bv keyword "contraceptive implants" obtained 26,814 articles filtered years, human, abstract, full text, meta-analysis, and clinical trial received 71 articles. The next search using google scholar, databased bv entering the keyword "contraceptive implants," obtained 6,684 articles, then filtered the year, title, and abstract accepted 32 articles.

Of the two databases used, it was found that as many as 103 subsequent articles were done screening double publications, and eligibility obtained as many as 103 articles. Then the final process is to read and choose articles based on the criteria obtained from 15 articles that are willing (Table 1).

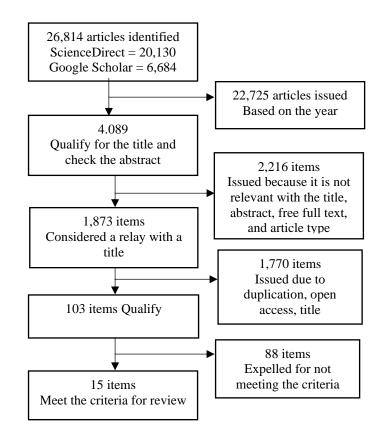


Figure 1. Article Search Strategy.

#### Quality Appraisal

This literature review is synthesized using narrative methods by grouping similar extraction data according to the results measured to answer the purpose. Research journals that fit the inclusion criteria are then collected and made journal summaries, including the name of the researcher, the year of publication of the journal, the title of the study, methods, and summary of results or findings.

The summary of the research journal is entered into the table in accordance with the format mentioned above. To further clarify abstract analysis and full text, the journal is read and observed. The journal summary has then conducted an analysis of the content contained in the purpose of the research and the results/findings of the study. Analysis of the contents of the journal, then coded into the contents of the journal reviewed based on the outline or core of the study, is done by parsing in a sentence then if it has been collected then searched for similarities and differences in each study and then discussed to conclude.

#### Data Abstraction

In the abstraction of the data, the researcher was accompanied by two supervisors who were in charge of directing the preparation of the literature review.

#### Data Analysis/ Synthesis

In the synthesis of articles, the results of the thoughts begin by analyzing articles that are relevant to the topic to be reviewed discuss articles by making search and classification based on the elements that will be reviewed from several articles that discuss the topic almost the same.

Fifteen articles were selected based on inclusion criteria that discuss the influence of husband support on pregnant women who consume phthalate supplements for increased hemoglobin levels.

## RESULTS

Of the article searches using the database only 15 articles meet the criteria.

Figure 1 showed that the smoothing of article selection from the database. Additional information, including author's name, year of publication, research design, sample, and data analysis, can be seen in table 1.

| Authors   | Years | Title   | Type of Research<br>and Population/<br>Sample   | Data Analysis                        | Result   |
|---|-------|---|---|--------------------------------------|--|
| Fazar<br>Kumaladewi<br>(Kumaladewi<br>& Pelupessy,<br>2018) | 2018  | Determinant of<br>Decision Making<br>Becomes an<br>Implanted<br>Contraceptive<br>Acceptor             | Cross-sectional.<br>The population of<br>100 Respondents,<br>purposive<br>sampling<br>technique.  | Chi-Square                           | There is a relationship<br>between health workers'<br>role in deciding to<br>become an acceptance<br>of implanted<br>contraceptives at The<br>Rijali Health Center in<br>Ambon City in 2018. |
| Lili Farlikhatun<br>(Farlikhatun,<br>2019)                  | 2019  | Contribution of<br>maternal<br>Knowledge to the<br>interest in the use<br>of implant birth<br>control | Analytical.<br>The population of<br>KB implant<br>acceptors who<br>visited<br>Mangunjaya<br>Bekasi Health<br>Center with a<br>sample of 47<br>people. | Chi-Square                           | There is a meaningful<br>relationship between<br>age, education, parity,<br>and employment with<br>the use of birth control<br>implants.   |
| Erma Sugiana,<br>ST Aisjah<br>Hamid, Erma<br>Puspita Sari   | 2021  | FactorsThatAffectImplantContraceptiveUse  | The analytical<br>survey, cross-<br>sectional.  | Chi-square<br>Logistic<br>regression | Analysis results showed<br>that parity, age, and<br>employment had a<br>significant association  |

 Table 1. Extraction of Research Results.

| (Sugiana et al.,<br>2021)   |      |  | The population of<br>all couples of<br>childbearing ages<br>using birth control<br>is estimated at<br>7,729acceptors. A<br>sample of 99<br>people.<br>Proportional<br>Random<br>Sampling.     |                              | with the use of birth<br>control implants,<br>whereas education did<br>not have a significant<br>association with the use<br>of birth control<br>implants.<br>Multivariate analysis of<br>variables that have the<br>most effect on the use of<br>implanted birth control<br>is the work variable. |
|---|------|--|---|------------------------------|--|
| Jessica R.<br>Botfield Sarah<br>M. Wright<br>Sarah E.<br>Fenwick Yan<br>Cheng<br>(Botfield et al.,<br>2021)   | 2021 | Training nurses in<br>contraceptive<br>implant<br>procedures:<br>implications for<br>practice in<br>Australia  | Analytics survey.<br>Nurses who<br>participated five<br>people.   | Interview<br>and observation | Nurses who are given<br>implant training have<br>new knowledge that can<br>meet the needs of<br>patients, which can<br>increase the use of<br>implant contraceptives.  |
| Syarifah<br>Masita,<br>YusringSanusi<br>Baso, Sri<br>Ramadany,<br>Syafruddin<br>Sharif, Veni<br>Hadju, A.<br>Nilawati<br>Usman (Masita<br>et al., 2021) | 2021 | EffectofApplicationofCounselinginFertileAgeCoupleonImprovementofKnowledgeContraceptionImplants   | R&D dan quasi-<br>experiment one<br>group pre-test-<br>posttest.<br>Sample of couples<br>of childbearing<br>age-aged 15-45<br>years who did not<br>use birth control as<br>many as 96 people. | Uji Wilcoxon.                | There is an effect of the<br>application of<br>counseling on the<br>increase in Knowledge<br>of Couples of<br>Childbearing Age   |
| Iim Murtiawani<br>(Murtiawani,<br>2020)   | 2020 | Analysis of<br>Factors Affecting<br>the Interest of<br>Acceptors in<br>Selecting Implant<br>in Women of<br>Childbearing Age<br>in the working<br>area of Wonosari<br>Public Health<br>Centre | Cross-sectional.<br>Sample of 117<br>respondents,<br>simple random<br>sampling<br>technique.  | Linear<br>regression         | Knowledge is the factor<br>that most influences<br>interest in implant<br>selection.   |
| Pratiwi<br>Nasution, Erni<br>Naibaho<br>(Pratiwi &<br>Restanty, 2018)   | 2018 | AnalysisofFactorstoFindOutOutObstaclesTheUseImplanted  | Cross-sectional.<br>The population of<br>80 respondents,<br>purposive   | chi-square                   | Convenience factors for<br>contraceptive use,<br>support, and<br>interpersonal factors are<br>obstacles in the use of  |

|  |      | Contraceptives in<br>Suka Maju<br>Village Sunggal<br>District Deli<br>Serdang Regency  | sampling<br>technique.  |   | implanted<br>contraceptives, so it is<br>necessary to improve<br>the professionalism of<br>health workers,<br>especially in providing<br>services such as<br>counseling or education<br>that can motivate the<br>public to use implant<br>contraceptives.  |
|--|------|--|---|---|--|
| Karmila .,<br>Fatma Sylvana<br>Dewi Harahap,<br>Rapida Saragih<br>(. et al., 2020)             | 2020 | Islamic Religious<br>Perspective and<br>Health About the<br>Use of<br>Contraceptives<br>(Akjp) Implants<br>in Bpm Healthy<br>Families Darul<br>Hasanah District<br>of Southeast Aceh<br>Province in 2019   | Mix Methods.<br>The WUS<br>population who<br>visited the Clinic<br>and a sample of 42<br>respondents, while<br>for qualitative<br>informants two<br>women of<br>childbearing age<br>who did not use<br>implanted<br>contraceptives,<br>two husbands, one<br>midwife, and 1<br>Village head, and<br>1 Ustad. | Quantitative chi-<br>square test,<br>qualitatively<br>based on in-<br>depth interviews<br>with informants | The cause of women of<br>childbearing age does<br>not want to wear birth<br>control implants is the<br>lack of support provided<br>by the husband,<br>There is an influence of<br>age, education,<br>knowledge, attitudes,<br>and support of the<br>husband with the<br>Islamic and health about<br>the use of implant<br>contraceptives in BPM<br>Healthy families Darul<br>Hashanah district of<br>Aceh regency. |
| Ida Lestari<br>Tampubolon,<br>Jitasari Sibero<br>Tarigan<br>(Tampubolon<br>& Tarigan,<br>2018) | 2018 | Knowledge<br>Relationship,<br>Husband Support<br>and Health<br>Workers with The<br>Use of Under-<br>Skin Contrasting<br>Devices (AKBK)<br>In Couples of<br>Childbearing Age<br>In Environment Ii<br>Village Of<br>Beautiful<br>Fishermen Medan<br>Labuhan<br>Subdistrict | Cross-sectional<br>study.<br>The sample was<br>taken with a<br>random sampling<br>of 65 respondents.  | Chi-square  | There is a significant<br>relationship between<br>childbearing age and the<br>use of under-the-skin<br>contraceptives.   |
| Erlyna Evasari,<br>Fitria Ayu<br>Sahara (Erlyna  | 2018 | RelationshipofKnowledge,Educationand   | Cross-sectional.<br>The population of<br>466 active   | Chi-square  | There is a meaningful<br>relationship between<br>knowledge, education,   |

| Evasari &<br>Sahara, 2018)   |      | Family Support<br>with The Use of<br>Implant<br>Contraceptives   | contraceptive<br>users, sample of 86<br>birth control users<br>Active. Accidental<br>sampling   |  | and family support with<br>the use of implant<br>contraceptives.  |
|--|------|--|---|--|---|
| Podungge<br>Yusni, Igirisa<br>Yusni (Yusni &<br>Yusni, 2021)   | 2021 | The Effect of<br>Counseling on<br>Contraceptive<br>Selection in<br>Women of<br>Reproductive Age<br>Couples   | Pre-experimental<br>design with One-<br>group posttest<br>approach.<br>The study<br>population was all<br>women aged 11400<br>and the sample that<br>met the inclusion<br>criteria was 100<br>respondents.        | Linier<br>Regression Test,<br>Multivariate<br>Test                 | Education,<br>employment,<br>knowledge, and<br>attitudes have no effect<br>on the selection of<br>contraceptives. Age,<br>parity, and counseling<br>affect contraceptive<br>choices. Multivariate<br>test results show that<br>age is the dominant<br>variable that influences<br>the selection of<br>contraceptives. |
| Rosmala Nur,<br>Rahman Bonda,<br>Abd. Rahman,<br>Diah Ayu<br>Hartini,<br>Ummu Aiman,<br>Herman,<br>Nurhaya S<br>Patui (Nur et<br>al., 2019)                            | 2019 | Determinant Use<br>of Long-Term<br>Contraceptive<br>Methods in<br>Sangurara<br>Community<br>Health Center<br>Area Palu City  | Cross-sectional.<br>Active acceptors<br>in the working area<br>of Sangurara<br>Health Center of<br>Tatanga Palu<br>Subdistrict have as<br>many as 100<br>people.<br>Teknik sampling<br>simple random<br>sampling. | Uji chi-square   | There is a link between<br>economic status, the<br>role of health workers,<br>and sped-up support for<br>the use of long-term<br>contraceptive methods<br>$(\rho < 0005)$   |
| Dionesia<br>Octaviani<br>Laput,<br>Stefanus. P<br>Manongga,<br>Muntasir<br>Muntasir,<br>Eufrasia Prinata<br>Padeng,<br>Fransiska Nova<br>Nanur (Laput et<br>al., 2021) | 2021 | Factors predicting<br>of the Implant<br>Contraceptive<br>Used as Family<br>Planning Method<br>among Mothers in<br>Wae Mbeleng<br>Public Health<br>Center, Ruteng<br>Sub District | Observational<br>analytic studies<br>with cross-<br>sectional design.<br>Using an analytic<br>latitude cut design<br>in 392 women of<br>childbearing age<br>were selected<br>using multistage<br>random sampling. | Simple logistic<br>regression test<br>and multivariate<br>analysis | Variables that have a<br>significant statistical<br>correlation to implant<br>use are age, education,<br>knowledge, culture,<br>information obtained<br>from health workers,<br>and spousal/husband<br>support. The most<br>influential variable is<br>the information<br>obtained from health<br>workers.            |
| Ekoriano<br>Mario, Ardiana   | 2020 | Quality of Care in<br>Modern<br>Contraceptive  | The study used<br>quality of care<br>framework  | Qualitative<br>methods of<br>collecting data                       | From the client's point<br>of view, information<br>about contraceptive  |

| Irma (Mario &<br>Irma, 2020)   | Service Delivery<br>in the Public<br>and Private<br>Sector: A Cross-<br>Sectional Study in<br>Indonesia  | developed by<br>Judith Bruce<br>(Bruce, 1990).<br>Non probability<br>sampling with<br>purposive<br>sampling.                                    | and information<br>through in-depth<br>interviews and<br>inferential<br>analysis | options is the most<br>overlooked aspect in<br>community health<br>facilities, while follow-<br>up and long-term are<br>ignored in private health<br>facilities. In terms of<br>health care providers,<br>the quality of service is<br>still below optimal<br>standards. |
|--|--|---|--|--|
| Hesti Cahya 2020<br>Ningrum,<br>Niken Agus<br>Tianingrum<br>(Hesti Cahya<br>Ningrum, 2020) | The Role of<br>Health Workers<br>on The Use of<br>Contraception in<br>Local Workers<br>Night<br>Entertainment<br>(THM) In the<br>Working Area of<br>Samarinda New<br>Hope Health<br>Center | Cross-sectional.<br>The population is<br>all working<br>women (THM)<br>used the technique<br>of total sampling<br>as many as 118<br>respondents | Fisher' Exact<br>Test  | 97.5% of workers<br>(THM) use<br>contraception, but there<br>is no relationship<br>between the role of the<br>officer and the use of<br>contraception (P<br>=0.244>0.05)   |

#### DISCUSSION

One of the goals of the Family Planning (KB) program implemented in Indonesia is to reduce the rate of population growth. Birth control programs have efforts, namely: regulating the birth of children, the ideal distance and age for childbirth, and regulating pregnancy. Law No.52 of 2009 supports the BIRTH Control Program as one of the efforts to realize a healthy and quality family. One of the efforts made by increasing the knowledge of women of childbearing age about implant contraceptives so that they can choose implant contraceptives as the right choice and perform the installation.

Based on the results of journal reviews that have been conducted (table 1), the role of health workers is the most important factor in the selection of implant birth control by acceptors. This role is related to providing information about the method of birth control of prospective acceptors, in this case, specifically pregnant women, maternity, and postpartum. The provision of this information is made through counseling using Decision-Making Tools (ABPK) using family planning. ABPK is a back sheet developed by the World Health Organization (WHO) and has been adapted by Indonesia for use in counseling. The health worker who plays the role is the midwife. Midwives do this according to their role. In providing, midwife services do it professionally and in accordance with standards (Affandi, 2013).

The role of midwives as post-natal birth control counselors aims so that the community, especially mothers after childbirth, is not confused about the use of birth control after childbirth. There are still many women who have difficulty in determining the choice of the type of contraception. This is not only due to the limitations of the methods available but also by their ignorance of the requirements and safety of such contraceptive methods. The good role of health workers in providing side effects services is more due to health workers being oriented to basic tasks and functions so that the services provided can be maximized and have a positive impact on the realization of patient satisfaction and excellent service (Wirda, 2021).

The skill of midwives in dealing with implant side effects also affects the success of the treatment of side effects experienced by acceptors. So that the services provided by health workers can make acceptors who experience side effects feel satisfied with the services provided. By providing wholehearted service, maintaining patient privacy can make them trust the services provided. And with the trust that has been obtained, health workers can further improve the quality of services that have been provided. A good role in dealing with side effects has a positive impact on the handling of complaints of side effects (Bria, 2018; Filmira & Fatah, 2020; Wati, 2019).

## CONCLUSION

Based on the results of the discussion concluded above. researchers that the influential factor in the use of implants is health workers. Interpersonal communication or counseling needs to be improved. Counseling is communication between clients and health workers to facilitate and advocate on any issues related to comprehensive reproductive health. It is expected that with counseling provided by birth control, acceptors can make their own decisions in accordance with the desired method.

## ACKNOWLEDGMENT

Thank you to the supervisor who has taken the time to direct the preparation of literature studies.

# DECLARATION OF CONFLICTING INTEREST

This comprehensive summary or systematic review is independent writing, so there is no conflict of interest in the writing.

## FUNDING

This systematic review is writing independently, not funded or get funding from any party.

## AUTHOR CONTRIBUTION

**Polanda Y Runtoboi**: Designed the study, collected and analyzed articles, and contributed to completion of systematic review.

**Mardiana Ahmad**: Contribution as a supervisor involved in planning and supervision in the completion of review literature.

**Andi Nilawati Usman**: Contribution of guidance in discussing the final results of the review literature manuscript.

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**Cite this article as:** Runtoboi, P.Y., Ahmad, M., Usman, A.N. (2022). Analysis of the role of midwives on the selection of implanted contraceptive use by acceptors: A literature review. Nurse and Health: Jurnal Keperawatan, 11 (1), 151-161. https://doi.org/10.36720/nhjk.v11i1.324